

## **Students**

# **Parent Report Card**

#### **Best Use**

As a tool to surface unique areas of need in your child and/or areas to become more intentional as a parent

#### Value

Create meaningful dialogue on how your child perceives your parenting

#### **Advance Preparation**

- Complete the report card yourself trying to assess what your child would say. The goal is to surface your child's *perceptions*, whether they are accurate or not. Two children can have entirely different opinions of the same parental patterns.
- Understanding a child's perceptions of our actions helps us do a better job of meeting their unique needs.
- Decide upon a context within which to ask your child to grade you using this same report card. Shore up your courage in order to humbly accept input from your child that may surprise you or sting.

#### Set It Up

- Say: "Tonight I want you to fill out a report card that will help me understand areas where I might need to "study" a little harder. There are several things the Lord expects me to do as your [father/mother] and I want your input on how I am doing."
- Do not comment on any of the input. Thank the child and discuss the input with your spouse and/or a trusted friend who can help you create a game plan to strengthen the relationship with your child.

.....

### **Parent Report Card**

#### Grading scale: 1—Poor; 5—Average; 10—Perfect

#### **Description**

Grade (1-10)

•	Shows me he/she loves me	
•	Shows concern for my feelings	
•	Spends enough time with me	
•	Listens to what I say	
•	Give me appropriate trust	
•	Enjoys being with me	
•	Is truthful with me	
•	Makes the family a priority in his/her life	
•	Is fair in his/her decisions	
•	Gives me the right number of chores	
•	Disciplines me when I deserve it	
•	Admits when he/she is wrong	
•	Controls his/her anger and words	
Overall grade as a parent		

- 1. On a scale of 1-10 (10 being best) what kind of relationship do you want to have with your parent?
- 2. Considering all things, on the same scale, where are you today in your relationship with your parent?
- 3. What are 1-3 things your parent could do for you to make your relationship better than ever?

© 1999 Kurt and Olivia Bruner



For more @home resources, visit growfaithathome.org