

Going Further — Resources

- The Fusion playlist on Spotify offers a variety of Christian music styles that will be engaging for teen listening: <https://open.spotify.com/playlist/2JAvJwIDYQp8maeFCTA4q2?si=5158ad7a74ca4810>
- “[What Does It Mean to Worship?](https://www.bible.com/reading-plans/15994-what-does-it-mean-to-worship)”—a 7-day Bible reading plan on the Bible app. You’ll dive into what worship is and learn to live a lifestyle that puts God as the top priority in our lives. <https://www.bible.com/reading-plans/15994-what-does-it-mean-to-worship>

Going Further — Church Support

Fusion is a great place for students (grades 6-12) to meet friends and learn more about God, faith, and much more! Fusion meets Sundays from 5:30-7:30 p.m. Get more info here:

- <https://staffordcrossing.org/fusion>
- Email fusion@staffordcrossing.org

Encouraging Your Teens to Worship

*Helping families
trust and follow Jesus*

@home

Today we are talking about helping your teens worship. The word “**worship**” is actually a contraction of “**worth-ship**,” meaning to honor what is honorable. So by encouraging your teen or young adult to attend church or another house of worship, you are advocating that they schedule a time and place to give God the honor He is due.

But worship shouldn't stop there. Worship should be at the center of our daily living. Author Warren Wiersbe writes, “Worship is the believer's response of all that he is—mind, emotions, will, and body—to all that God is and says and does.” Countless studies show that teens who take their faith seriously and are devoted to worship feel much more significant and less insecure than their counterparts.

So how do you encourage your teen to make worship a priority?

Take worship seriously yourself. Modeling is the preeminent way to pass on your faith to your children.

Do you take church attendance seriously? Do you read Scripture throughout the week to prepare your heart? Do you jot down notes from the sermon? Do you sing with conviction? Your teen is watching, and taking notes, too.

Encourage your teen to have their closest friends be in the family of your faith. The Bible talks about the

dangers of being “unequally yoked.” Peer pressure is powerful and, if your adolescent runs with a crowd who does not take God seriously, they may stumble in their faith. Peer pressure, however is not always a bad thing. Good, God-centered friends can encourage your teen to grow spiritually and live a life of devoted worship.

Harness social media. We may think social media can cause our children to stumble in their faith—and it can—but the Internet is also full of streaming videos of inspirational speakers. Their iPhones loaded with worship songs, and with faith-filled Facebook and Instagram friends, the online world can actually help with our children's heavenly journey.

There are many more ways to encourage your teens to worship. Providing opportunities for them to learn to praise and worship God in a way that is genuine and natural to them will grow not only their faith, but yours also.

By Mark Merrill, Helping Families Love Well